

DAGALI FJELLPARK (FULL ON AS)

Perstulvegen 100, 3588 Dagali

booking@dagalifjellpark.no

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Cross country ski expedition course Norway

Terms and conditions

These terms and conditions form part of the contract a client enters into with FULL ON AS when booking Cross country ski expedition course Norway. By booking the course, clients agree to following terms and conditions.

Cross country ski expedition course Norway (hereinafter referred to as **“the course”**) is organized by FULL ON AS (hereinafter referred to as **“Dagali Fjellpark”**), org no. 813 655 462, address Perstulvegen 100, 3588 Dagali, Norway.

The course is led by a professional mountain leader who is a member of the Union of International Mountain Leader Associations - UIMLA. This certified UIMLA mountain leader (hereinafter referred to as **“the leader”**), guarantees compliance with international standards for safe and responsible motion in the mountains. The leader is trained in security in mountainous terrain and river crossing, navigation, orientation, first aid and rescue, group leadership, teaching of technical skills and environmental knowledge, mountain environment, anatomy and physiology, weather, mountain survival and bivouacking, physical ability, multi day activities and expeditions etc.

The course will be held in small groups (maximum of 7 clients and 1 leader), and consists of a preparatory part at Dagali Fjellpark ski center, Perstulvegen 100, 3588 Dagali, Norway (hereinafter referred to as **“the base”**), followed by a 4-day backcountry cross country skiing expedition with wild winter camping in Hardangervidda NP mountains and its surroundings (hereinafter referred to as **“the expedition”**).

The course is intended as an arctic adventure for a wide range of cross-country skiing enthusiasts: basic cross-country skiing experience is necessary, but no winter camping experience or equipment is required. Previous cross-country skiing experience with pulk sleds is not necessary.

The course is all inclusive, only personal belongings listed below (see section 4.c - Personal equipment list) is obligatory.

1. Program of the course

The leader meets the clients and is available to them at the base and continuously throughout the expedition.

Dagali Fjellpark will provide group transportation for the clients from and to Oslo airport according to the prepared schedule (see section 2 - Transportation), unless otherwise agreed in writing. The transportation is without a leader.

Duration of the course is 7 nights, from Saturday to Saturday. Preliminary, the program is planned as follows:

- Day 1: Arrival, welcome, dinner at the base, accommodation in lavvo at the base. The leader meets clients at Dagali Fjellpark. During the dinner you will be welcomed by your leader and get a brief about the program and weather forecast.

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- Day 2: Breakfast at the base. Preparations for the expedition. Getting to know the equipment, test construction of tents, test of pulk sleds (the sled weigh will be app. 25 kg), cooking trial, information about planning the cross-country ski adventure expedition tour. Lunch at the base. Inspection of personal and shared equipment. Packing and start of the cross-country ski adventure expedition. Ascent to the first wild camping place (hereinafter referred to as **“the camp”**) by the lake above the ski center. Cooking the dinner in the camp. Today we will train everything essential for our expedition for a trail before we jump for real. In case of equipment or personal problems, the possibility of returning to the base, fixing the problem, and easily returning to the group using the ski lift.
- Day 3: The real 4-day backcountry cross country ski adventure expedition begins. Section with the ski pulks: Perstulhovda - Storåstjønne - Syningen - Løytetjønne - Ormetjønntølen - Tøddøla – Tøddølvatnet, 13,6 km, D+ 174 m, D- 159 m. We will tackle a tight river valley opened to a wide area of frozen lake. This day you will get more familiar with winter camping routine and how to use your equipment effectively. Preparation of hot breakfast in the camp, no-cook lunch and personal snacks during the day, preparation of hot dinner in the camp - this will be our daily food routine.
- Day 4: Section without the ski pulks (the camp stays over the day): Skarvsvatnet – Ulvelilægeret - Ræpeholåsen (1321 m) - Ræpeholbekken – Tøddølvatnet, 19,4 km, D+ 270 m, D- 270 m. We will get higher to a beautiful semi-closed place over the camp with a vast panoramic view over the mountain plato from its the windy summits. But maybe we will just learn how to withstand severe arctic weather. Hot breakfast in the camp, lunch during the day, hot dinner in the camp.
- Day 5: Section with the ski pulks: Tøddølvatnet – (Solheimstulen) - Kruketjønne - Mjågesjøen – Gamleseternuten, 14,4 km, D+ 328 m, D- 224 m. We will have a chance to have a break and get something to eat and drink at a typical Norwegian tourist cabin in the middle of the day. You should become more experienced about using your equipment and how to move easily with the sledges. Hot breakfast in the camp, lunch during the day, hot dinner in the camp.
- Day 6: The last day of the cross-country ski adventure expedition. Sunrise at Synhovd (1437 m). Section with the ski pulks: Buvatn - Flåtåtjønne - Sønstevatn – Imingfjell, 15,6 km, D+ 245 m, D- 388 m. If we wake up early and be lucky, we will be rewarded with an overwhelming golden winter sunrise. This day we will enjoy downhill most of the time and train some specific downhill techniques with sledges. Transportation to Dagali Fjellpark. Hot breakfast in the camp, lunch during the day. Back at the base: unpacking, drying equipment, dinner, shower, sauna, hot tub. Accommodation in lavvo at the base.
- Day 7: Reserve day in case the expedition is delayed due to weather or other difficulties. This day can be used for individual relaxation, local downhill skiing, fun at local racing toboggan run. The group can also use the hot tub, sauna, grill. At the end of the day, after the dinner, we stay together for a brief summary of our expedition and project photos from it. We can also talk about your future plans and how we can help you with them. Prepared breakfast, lunch and dinner at the base. Accommodation in lavvo at the base.
- Day 8: Breakfast at the base. Departure. The leader stays at Dagali Fjellpark.

2. Transportation

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Dagali Fjellpark will provide self-guided group transportation for the clients from and to Oslo airport according to the following schedule:

a. Transportation to the course

If it is possible within the budget, depending on the number of registered participants, clients will be picked up at Oslo airport by a **private minibus on Saturday at 1:30 p.m.** as a matter of priority, and transported to the base.

If it is not possible within the budget to order the minibus, **clients will receive tickets** with instructions and a description of the journey:

- ticket for the train to Geilo - departure on Saturdays for example at 3:43 p.m. from Oslo airport,
- or ticket for the Geilo express bus - departure on Saturdays for example at 1:30 p.m. from Oslo airport.

Both the train and the bus go to Geilo, from where the clients will be picked up by a private minibus and transported to the base.

b. Transportation from the course

If it is possible within the budget, depending on the number of registered participants, clients will be picked up at Dagali Fjellpark by a **private minibus on Saturday at 9:00 a.m.** as a matter of priority, and transported to Oslo airport.

If it is not possible within the budget to order the minibus, **clients will receive tickets** with instructions and a description of the journey:

- ticket for the train to Oslo airport - departure on Saturdays for example at 11:40 a.m. from Geilo,
- or ticket for the Geilo express bus - departure on Saturdays for example at 6:30 a.m. from Geilo.

Both the train and the bus go from Geilo, where the clients will be transported by a private minibus from Dagali Fjellpark.

c. Important provisions about transportation

The final plan for group transportation will be solved after 10.1.2025 based on the registered number of participants. Until then, Dagali Fjellpark does not recommend participants to buy tickets to Norway.

In the case of group transportation by a private minibus, the departure time will be uniformly defined for the whole group. This applies to both transport by a private minibus to and from Oslo Airport and transport by a private minibus to and from Geilo.

3. Booking conditions

a. Price

The price of the course is 14.100 NOK.

The price includes:

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- Guidance by a certified UIMLA mountain leader,
- Meals (breakfast, lunch and dinner) from dinner on Day 1 to breakfast on Day 8,
- Personal equipment rental and Shared equipment for the expedition (see section 4 - Equipment), especially:
 - o High thermal comfort sleeping bag and sleeping mats,
 - o Tents,
 - o Skis, ski poles, ski pulk sled,
 - o Telescopic snow shovel etc.
- Lodging in lavvo (shared for 4 or 6 persons) at the base, and tents (shared for 3 – 4 persons) in the wild – totally 7 nights,
- Group transportation from Oslo airport to the base and back according to the schedule (see section 3 - Transportation),
- Activities at the base in the range of 1 up to 5 days (depending on the program adjusted to weather forecast.):
 - o 1-Hour Racing Sledding – 1 x per day,
 - o 1-Day Skipass – 1 x per day,
 - o Rental of winter equipment for downhill skiing, sledging, snowshoeing, snowboarding or cross country skiing,
 - o Hot tub – 1 x per day per group (up to 4 hours) - at a predetermined time,
 - o Sauna – 1 x per day per group (up to 2 hours) - at a predetermined time,
 - o Grill rental – 1 x per day per group (up to 2 hours) - at a predetermined time.

The price does not include:

- Travel to Norway,
- Independent transportation from Oslo airport to the base and back other than according to the group transportation schedule (see section 3 - Transportation),
- Travel insurance, full health and accident insurance,
- Personal equipment (see the „Personal equipment list“ in section 4 - Equipment),
- Any unforeseen expenses due to delays due to weather conditions or safety considerations, breaks or lodging at a mountain hut, which is not a part of the planned program, but which can occur for a variety of reasons along the way.

b. Ordering

Registration for the course can be done in writing via e-mail xc.skiing.norway@dagalifjellpark.no.

10.1.2025 is the decisive date for determining whether it will be possible, based on sufficient number of registered participants, to run all the listed courses.

c. Fee payment

With the registration, a deposit of 25% is paid.

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The remaining payment will be done immediately after 10.1.2025. An invoice due in 3 days will be sent to the participants.

In the case of booking the course after 10.1.2025, the full price invoice due in 3 days will be sent to the participants.

d. Withdrawal from the contract

The client has the right to withdraw from the contract in writing to xc.skiing.norway@dagalifjellpark.no at any time.

Cancellation conditions:

- If the client cancels 10.12.2024 or before, 100% of the deposit will be refunded.
- If the client cancels 11.12.2024 – 9.1.2025, 50% of the deposit will be refunded.
- If the client cancels 10.1.2025 or later, no refunds are possible.

e. Minimum number of participants

The minimum number of participants required for running the course is 4. If an insufficient number of participants registers, the course may be canceled. In such a case, if possible, clients will be offered a course date that will be implemented.

Based on the number of registered participants, **10.1.2025 is the decisive date** for determining whether all the listed courses will be run. In case of cancellation due to insufficient number of registered participants, the deposits for the course will be fully refunded.

Registered clients are encouraged to purchase transportation tickets and incur additional expenses related to participation in the course after paying the final invoice, when running the course is certain.

4. Equipment

The course is planned in such a way that packing and the trip to Norway are as convenient as possible for the clients.

Apart from **cross-country ski shoes**, the personal equipment list consists of common stuff that every recreational athlete or outdoor enthusiast has, or will certainly use a lot in the future, once in the cupboard. The vast majority of expedition and special winter equipment get the clients loaned at the base. All required personal equipment can be packed into a hiking backpack.

The equipment is divided into three categories:

- Personal equipment (see Personal equipment list) is the equipment that the client carries from home,
- Personal equipment rental (see Personal equipment RENTAL list) is what the client gets loaned at the base as a person,
- Shared equipment (see Shared equipment list) is what the group gets loaned at the base and shares divided in pulk sleds.

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a. Personal equipment RENTAL list

At the base, the clients get loaned following necessary personal equipment, that ensures their safety and thermal comfort:

- Cross-country skis (with NNN-BC binding), skins and ski poles,
- Ski pulk sled, pulk harness and pulk bag,
- Snow shovel,
- Sleeping bag (Warmpeace - Viking 1200 or Mountain Hardwear - Lamina) designed for winter camping,
- Sleeping mat (both roll mat and inflatable mat for extra comfort),
- Map of the area with the expedition tour + GPX to phone/watch,
- Rescue phonebook,
- 2 pcs of plastic leg bags.

b. Shared equipment list

At the base, the clients get loaned following necessary shared equipment, which will be divided into ski pulks in accordance with the physical abilities of the participants:

- Expedition tents (Fjallraven - Akka Endurance 4 or Hilleberg - Keron 3 GT) and snow anchors,
- Bivouac sack for two persons,
- Camping cooker stove with cooking equipment and fuel,
- Safety gear such as first aid, navigation equipment, repair kits,
- Food for the expedition for the whole group – hot breakfast, tee, coffee, no-cook lunch and hot dinner - Thai noodle soups, oatmeal, muesli with dried fruit, smoked meat, cheese, knackebrot, adventure menu, vacuum-packed freeze-dried tour food, porridge etc.

c. Personal equipment list

Following is the minimum clothing and equipment list for the course. All items not marked as optional are required. You can bring other clothes and equipment in addition to this. It is necessary that you have tested your personal equipment and clothing before the trip, especially trying the cross-country ski boots is important.

- 40-50L hiking backpack with hip belt,
- 1 x ski boots compatible with NNN-BC binding, with perfect fit with your waterproof socks, there must be some more space inside for your feet to protect your feet feeling tight (so predisposition for frostbite) when enlarge by activity,
- 1 x waterproof dry sack for storing and keeping clothes dry in the ski pulk sled,

Winter clothes:

- 1 x windproof and waterproof GoreTex outer layer: pants and jacket with hood,
- 1 x medium insulation layer: thick woolen sweater or fleece jacket,
- 2 x first layer: long-sleeved woolen T-shirts and long-legged woolen longjons,
- 1 x base layer: wool underwear,
- 2 x winter waterproof socks,

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- 1 x warm down jacket with a hood to put on during breaks,
- 1 x GoreTex windproof 5-finger gloves,
- 1 x warm boiled wool mittens or down filled mittens,
- 1 x windproof and waterproof mittens for change,
- 1 x thin 5-finger gloves,
- 1 x warm woolen hat that also protects your ears, buff (scarf) and balaclava,
- 1 x thick woolen socks for sleeping,

Winter camping equipment:

- 1 x down booties for winter camping in sleeping bag (optional and highly recommended),
- 1 x gaiters,
- simple liner for sleeping bag or thin sleeping bag to use inside the winter sleeping bag,
- 1 x ski-goggles,
- 1 x glacier glasses (optional),
- 1 x waterproof dry sack for storing and keeping clothes dry in the ski pulk sled,
- 1L thermos flask,

Other personal equipment:

- 1 x spoon,
- snacks to eat between the meals (sweets, dried fruit, nuts, chocolate),
- 1 x head lamp with spare lithium batteries or head lamp with accumulator together with fully charged power bank,
- mobile phone with fully charged power banks to cover everyday use of the phone on the 4-days expedition,
- diary for personal notes during the expedition or something for waiting in tent during a bad weather (optional),
- personal medication,
- valid passport,
- documentation about travel insurance that meets at least Alpenverien standards for rescue,
- sickness insurance documentation,
- toilet articles, toilet paper, small towel and other private equipment,
- sunscreen with UV-A and UV-B,
- lip balm,
- earplugs (optional).

5. Responsibility

a. Responsibility of the leader

The leader is responsible for the clients on the expedition in the meaning of the observance of professional standards for UIMLA leaders. These standards may guarantee safe, responsible and sustainable move and stay in nature and the natural environment.

It is the responsibility of the leader to check that the **clients are adequately and appropriately equipped** before starting the expedition.

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In the case that there is reasonable suspicion that the client is unable to participate in the expedition (due to health status, abilities, or personal equipment) the leader has the right **to leave the client at the base** for an individual program.

The leader has the right and is responsible for **modifying the course program** based on weather conditions (according to the weather forecast and based on local experience), equipment conditions, health status or abilities of clients, mountain dangers (both real and presumed) or other conditions.

Decisions regarding the choice between several **tour variants**, about continuation and termination of the expedition, regarding the inclusion of breaks and their lengths, the decision regarding the taking and the use of equipment are the responsibility of the leader.

The leader is responsible for **answering client's questions** requiring his/her expertise before booking the course.

b. Responsibility of Dagali Fjellpark

Dagali Fjellpark:

- is responsible for **hiring a certified UIMLA mountain leader**, one who personally knows the expedition sections,
- is responsible for **rental of high-quality equipment** according to Shared equipment list and Personal equipment rental list,
- guarantees **accommodation** for 7 nights, either in lavvo at the base or in a tent on the expedition,
- **provides food** (breakfast, lunch, dinner - but no snacks) for the entire course, either at the base or on the expedition.
- is responsible for arranging **group transportation from Oslo Airport to Dagali Fjellpark and back**, unless otherwise agreed with the client in advance,
- is responsible for **booking and administration** of the course.

c. Responsibility of the client

The client must be **fit enough to ski up to 20 kilometers** per day, dragging a loaded ski pulks.

The client must be able to cope with being **outside for at least 4 days in tents**, in temperatures ranging from minus 5 degrees Celsius to minus 25 degrees Celsius. Temperature can drop down to minus 35 degree Celsius combined with strong winds. The weather forecast will be discussed with clients prior to the tour. Final decision about whether to go or not is on the leader.

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The client takes full responsibility for **meeting the physical fitness level** requirements of the course. The leader reserves the right to refuse participants who do not meet the necessary physical fitness standard, technical or mental requirements.

The client is required to have a valid **passport** for the course.

The client is obliged to have taken out **personal travel and full health and accident insurance** which will also cover any emergency transport home. Proof of such travel insurance must be brought and presented.

The client must have **all the equipment according to the Personal equipment list**.

Clients are responsible for the **condition and maintenance of the personal equipment** they have brought with them.

Clients are responsible for their own state of health. They are responsible for keeping the leader informed about **health form and personal medication in time and during all the course**.

Clients **over 60 must have a health certificate**.

Clients must **follow the instructions**, directions and orders given by the leader during the course. If these are ignored by the client, the leader cannot be held responsible for any consequences that may arise.

The client must not act in such a manner that it is a nuisance to the fellow travelers. If the client grossly neglects responsibilities and obligations, the client may be denied participation in or excluded from the rest of the course without being entitled to a refund from Dagali Fjellpark. If the client is excluded after starting the course, the client may have to cover the costs of the return journey. The client can be held liable in damages if the client, intentionally or negligently, inflicts a loss on the leader or Dagali Fjellpark, for example by not complying with the rules and regulations mentioned in this document.

The client must **treat the borrowed personal and shared equipment with care**. Damage from loss or repair costs of damage to rental equipment that goes beyond normal wear and tear must be reimbursed by the participant.

Clients are responsible for themselves **if they stay on base** at the time of the expedition.

It is recommended to take out cancellation insurance. In the case of cancellation, the client is responsible for contacting the insurance company.

6. Insurance

The Package Tours Act applies to the purchase of the course. Dagali Fjellpark has furnished the required guarantee in relation to the Norwegian Travel Guarantee Fund (RGF). This guarantees the purchase of the trip. If Dagali Fjellpark would be unable to run the course due to bankruptcy, the clients will be refunded by RGF.

The UIMLA mountain leader has the legally required liability insurance. The leader is not liable in the event of lost holiday joy. Any compensation is limited to the amount of the liability insurance that exists at the time.

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Apart from legal liability, clients take part in the course at their own risk. Any private insurance in connection with the course must be taken out by the clients themselves.

7. Claims

Program changes due to weather conditions, mountain dangers as well as physical condition of the individual clients and others are reserved for the course. The ratio between the number of days at the base and the number of days on the expedition will be prioritized according to the preliminary program, but it can be changed according to the weather or other conditions. The price remains the same regardless of the final program of the course within the preliminary guidelines (7 nights on base or in tents, guidance by a certified leader, equipment rental, meals, group transportation from and to Oslo airport). Non-utilization of any of the services included in the price, due to program changes, is not a reason to get a refund.

The leader will use all his professional knowledge to keep all members of the group safe in the mountain environment. The leader cannot assume any responsibility in a case when clients act contrary to leader decisions. The leader is responsible for the clients on the expedition, especially: Safety in Mountain, Navigation, First aid and rescue, Leading a group, Survival in the mountain / bivouac, Physical prerequisites.

The destination will be subject to changing natural conditions more often than ordinary holiday destinations. **The lost holiday joy due to bad weather is not a reason to cancel the course or request a refund.**

If the **client is responsible for a disruption in performance**, such as a health impairment (for example slow acclimatization, poor fitness, etc.), or through own fault, the client cannot derive any claims from this.

The course takes place in arctic conditions. There is a greater element of risk involved in participation in the course than most other package tours. For example, there is potentially a risk of the following (the list is not exhaustive): frostbite, avalanches/rockslides, broken bones etc. This could result in clients **missing the planned return journey**, for example. Dagali Fjellpark and the leader will always focus on the safety of participants on the course. If unexpected situations arise due to weather conditions, temperature, illness etc., and the leader deems it necessary out of consideration for the participants' safety to change the course after it has started, the clients are obliged to comply with the new course arrangements. If one or more participants require help, the whole group, led by the leader, is obliged to behave in such a way as to help the disabled person to get to safety. The group has to always act as a team. **Any additional costs incurred in such cases, for example for new tickets, transport costs, board and lodging etc., must be covered by the clients themselves. This is expressly accepted by the clients when they register.**

8. Force majeure

a. No leader

If the leader has to withdraw from the contract due to unusual and unforeseeable events over which he or she had no influence and the consequences of which could not have been avoided despite exercising the necessary care, Dagali Fjellpark will hire a new leader.

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In the exceptional regrettable case that no other leader could guide the course, following two options will be offered to the client:

- the course is canceled, and the fee will be refunded,
- the client can come to Dagali Fjellpark anyway and experience a personal self-guided 7-nights vacation with accommodation in lavvo or apartment (if possible), meals (breakfast, lunch and dinner), 3 x 1-Day Skipass, rental of winter equipment for downhill skiing, snowshoeing, snowboarding or cross-country skiing, 2 x 1-Hour Racing Sledding, 1 x Hot Tub, 1 x Sauna. In this case, 20% of the course fee would be refunded to the clients.

b. Delayed end date

If any unforeseeable circumstances occur during the course that will affect the end date of the course (for example, a multi-day safety bivouac on the expedition due to unexpected weather conditions, health problems of clients or the leader, etc.), neither Dagali Fjellpark nor the leader bears the costs associated with the later end date of the course (e.g. new tickets, etc.).

Clients are encouraged to purchase flexible return transportation tickets.

c. Other cases

Such events include government orders, strikes, war or war-like conditions, natural disasters, epidemics, weather and avalanche conditions, etc. The portion of the management fee that exceeds the reimbursement of expenses will be reimbursed.

9. Data protection and advertising

Dagali Fjellpark employees in charge of the booking process will save personal data in the context of contract processing and purposes resulting from the contract. Furthermore, when booking, the client expressly agrees to pass on personal data to the course leader.

By participating in the course, the clients agree that videos and photos taken by them during the course may be used by Dagali Fjellpark for advertising purposes. In addition, videos and photos taken during the course will be uploaded to a USB disk at the end of the course and distributed as a gift to all course participants. If the client does not want to be in the photos and videos, this must be announced to the leader at the beginning of the course.